

**PLEDGE:** Adopt these local sustainability solutions.  
**ACTIVATE:** Volunteer, take a class, organize a group.

**ADVOCATE:** Talk to elected officials about what matters to you, support candidates who stand behind your values, vote.

## BUILDINGS & CITIES

### GIVE YOUR HOME A TUNE UP

I will contact my local UF/IFAS Extension to learn how to make my home more energy efficient and watershed friendly.

### GET AN ENERGY AUDIT

I will call Florida Power and Light at 1-800-342-5375 to set up an in-person Energy Survey for my home or business.

### GET A ROOFTOP SOLAR CONSULTATION

I will contact a local installer/distributor for a solar panel installation consultation on my house.

### SUPPORT COMPANIES LEADING IN GREEN ENERGY

I will use my spending power to reward and incentivize companies taking the lead in purchasing and investing in green energy.

## WATER

### REDUCE FERTILIZER USE

I will use (\_\_\_)% less fertilizer for my lawn, and NO fertilizer during the summer months (June - Sept)

### LEARN ABOUT LAWN ALTERNATIVES

I will spend (\_\_\_) minutes researching native and Florida Friendly alternatives for my lawn to support healthy waterways.

### PROTECT COASTAL WETLANDS

I will volunteer (\_\_\_) hours on a coastal protection or restoration project with a local organization.

### SUPPORT MANGROVE CANOPIES

I will learn about mangrove care and advocate in my neighborhood or on my property for maintenance that preserves mangrove canopies.

## FOOD

### BECOME A REDUCETARIAN

I will enjoy meatless meals (\_\_\_) days each week.

### SUPPORT LOCAL FOOD SYSTEMS

I will source 20% of the ingredients for my meals from local producers, such as a local farm, farmer's market or my own garden.

### START COMPOSTING

I will start a compost bin where I live or join/initiate a local community composting program.

### LEARN THE TRUTH ABOUT EXPIRATION DATES

I will spend at least (\_\_\_) minutes learning how to differentiate between sell by, use by, and best by dates to reduce food waste.

## LAND & WILDLIFE

### EXPLORE NATURAL FLORIDA

I will go to (\_\_\_) parks or preserves this year to walk, paddle, bike, or just spend time outdoors.

### PLANT A TREE

I will learn more about the benefits of native trees, what type of tree is best for my property, then plant one.

### CHOOSE BETTER WOOD PRODUCTS

I will only purchase wood and paper products from recycled or ecologically certified sources like Forest Stewardship Council.

### SUPPORT WILDLIFE

I will research (\_\_\_) ways to support wildlife in my backyard and neighborhood.

## MATERIALS

### RECYCLE EVERYTHING I CAN

I will research what waste can be recycled curbside and where plastic bag/film drop-off bins are located and recycle all I can.

### REFUSE AND REDUCE USE OF PLASTIC

I will learn about the lifecycle of plastics, avoid buying toxic plastics, and instead replace them with durable options.

### PROPERLY DISPOSE OF REFRIGERANTS

I will spend at least (\_\_\_) minutes learning how to properly dispose of my refrigerator, freezer, and a/c at the end of their useful lives.

### REDUCE WATER USE IN THE BATHROOM

I will install a low-flow showerhead and a toilet tank bank or low-flow toilet to save 25 gallons of water a day.

## TRANSPORT

### TRY WALKING, BIKING OR CARPOOLING

I will choose to walk or bike instead of driving for trips under one mile, and try carpooling for longer trips at least once per week.

### CONDUCT VIRTUAL MEETINGS

I will avoid traveling to at least (\_\_\_) meetings and will instead conduct them virtually.

### PURCHASE A CARBON OFFSET

If I buy a plane ticket, I will purchase a carbon offset.

### RESEARCH A HYBRID OR ELECTRIC VEHICLE

I will spend at least (\_\_\_) minutes researching my options to see if a hybrid or electric vehicle makes sense for my lifestyle.